

15. European Masters Athletics Championships Indoor, TORUŃ (POL), 27 March - 2 April 2026

Rezultāti

19 zelta medaļas, 10 sudraba medaļas, 9 bronzas medaļas

Janis	Mankovskis	M85	High Jump	1.10	1
Janis	Razgalis	M40	3000m	8:27.33	1
Valdis	Cela	M75	High Jump	1.35	1
Zinaida	Racenaja	W80	3000m	18:17.58	1
Laura	Katkeviča	W45	Long Jump	4.70	1
Maija	Jakobsone	W80	Discus Throw	20.77	1
Marta	Ādamsone	W85	Discus Throw	18.76	1
Modra	Liepina	W40	3000m Walk	16:03.39	1
Marta	Ādamsone	W85	Weight Throw	10.55	1
Līga	Grike	W45	60m	8.28	1
Maija	Jakobsone	W80	Shot Put	8.97	1
Marta	Ādamsone	W85	Shot Put	8.44	1
Janis	Mankovskis	M85	Pentathlon	2202	1
Marta	Ādamsone	W85	Javelin	18.21	1
Modra	Liepina	W40	5km Walk	26:08	1
Latvia (LAT)	M. Liepiņa, D. Brauere, I. Birjukova	W40	5km Walk	1:27.23	1
Latvia (LAT)	H. Āboliņš, J. Kopasovs, V. Orehovs	M75	5km Walk	1:45.30	1
Marta	Ādamsone	W85	Hammer Throw	23.80	1
Valdis	Cela	M75	Pole Vault	2.80	1
Ludmila	Tokareva	W75	3000m Walk	24:24.00	2
Vladimirs	Orehovs	M75	3000m Walk	18:43.35	2
Diana	Brauere	W40	3000m Walk	16:27.34	2
Vita	Ormane	W45	3000m Walk	17:27.55	2
Zinaida	Racenaja	W80	5km	31:49	2
Janis	Mankovskis	M85	Triple Jump	6.09	2
Diana	Brauere	W40	5km Walk	28:49	2
Laura	Katkeviča	W45	Triple Jump	10.51	2
Ludmila	Tokareva	W75	5km Walk	39:50	2
Latvia (LAT)	A. Kadaks, N. Ivzāns, I. Lapiņš	M35	5km Walk	1:23.41	2
Janis	Zagorskis	M65	Javelin	41.00	3
Dace	Brakanska	W70	Triple Jump	6.70	3
Latvia (LAT)	A. Ieviņa, I. Kojaloviča, L. Joce	W55	5km	68.00	3
Kristaps	Jankovskis	M40	Javelin	52.64	3
Liene	Gudriniece	W45	Triple Jump	10.47	3
Ginta	Rassa	W50	800m	2:31.13	3
Valdis	Cela	M75	Pentathlon	3267	3
Vladimirs	Orehovs	M75	5km Walk	31:39	3

Janis	Mankovskis	M85	Pole Vault	1.70	3
Ilona	Kojalovica	W55	Javelin	31.13	4
Liene	Gudriniece	W45	Long Jump	4.61	4
Janis	Mankovskis	M85	Long Jump	2.99	4
Elina	Ringa	W45	Pole Vault	2.50	4
Velta	Bruce	W80	Shot Put	4.88	4
Valdis	Cela	M75	Triple Jump	9.07	4
Anija	Petrovska	W40	Triple Jump	11.20	4
Kaspars	Gulbis	M35	Weight Throw	12.95	4
Modris	Liepins	M55	5km Walk	26:56	4
Normunds.	Ivzans.	M50	5km Walk	24:16	4
Juris	Kozeurovs	M45	Triple Jump	12.33	4
Latvia (LAT)	A.Ieviņa, I. Kojaloviča, L. Joce	W55	8km Cross Country	2:00.27	4
Latvia (LAT)	L.Katkeviča, L. Gudriniece, G. Rassa, L.Griķe	W45	4x200m	1:56.76	4
Gunārs	Vaivods	M65	High Jump	1.50	5
Janis	Mumieks	M35	3000m	8:53.18	5
Raitis	Lerme	M80	3000m Walk	24:50.60	5
Anija	Petrovska	W40	60m Hurdles	9.22	5
Anija	Petrovska	W40	Long Jump	5.12	5
Artūrs	Kadaks	M35	3000m Walk	16:00.11	5
Dace	Brakanska	W70	High Jump	1.09	5
Dormidonovs	Boriss	M55	Shot Put	12.64	5
Irina	Birjukova	W40	3000m Walk	19:41.57	5
Modris	Liepins	M55	3000m Walk	17:02.49	5
Normunds.	Ivzans.	M50	3000m Walk	14:16.63	5
Aleksejs	Kozinecs	M80	400m	1:45.69	5
Ginta	Rassa	W50	400m	66.88	5
Artūrs	Kadaks	M35	5km Walk	27:27	5
Vita	Ormane	W45	5km Walk	30:07	5
Anija	Petrovska	W40	Pentathlon	3050	5
Dāvis	Kalniņš	M35	Triple Jump	13.74	5
Liene	Gudriniece	W45	60m Hurdles	10.74	6
Maija	Vesele	W75	Discus Throw	16.77	6
Kaspars	Gulbis	M35	Discus Throw	38.71	6
Normunds	Ermīčs	M60	Javelin	39.71	6
Laura	Katkeviča	W45	60m	8.47	6
Anita	Ieviņa	W55	5km Walk	32:18	6
Dormidonovs	Boriss	M55	Discus Throw	38.56	6
Irina	Birjukova	W40	5km Walk	32:26	6
Jānis	Arsenikovs	M40	1500m	4:19.13	6
Kaspars	Briska	M35	1500m	4:06.73	6
Agra	Brūne	W75	Shot Put	7.44	7
Janis	Gusevs	M65	Triple Jump	9.83	7
Juris	Lebedoks	M70	Triple Jump	8.32	7
Velta	Bruce	W80	60m	18.88	7
Līga	Griķe	W45	200m	28.15	7

Guntis	Grantins	M55	Triple Jump	10.24	7
Juris	Kozeurovs	M45	Long Jump	5.62	8
Aleksejs	Kozinecs	M80	200m	40.05	8
Raitis	Lerme	M80	6km Cross Country	47:05	8
Ludmila	Joce	W60	1500m	6:09.38	8
Irina	Stula Pankoka	W40	3000m	12:26.80	9
Jurijs	Kopasovs	M75	3000m Walk	21:03.36	9
Agra	Brūne	W75	Weight Throw	7.83	9
Harijs	Abolins	M75	5km Walk	36:00	9
Anita	Ieviņa	W55	8km Cross Country	38:40	9
Ivars	Oraševskis	M60	8km Cross Country	34:59	9
Juris	Zilvers	M35	Triple Jump	12.41	9
Maija	Vesele	W75	Hammer Throw	22.47	9
Harijs	Abolins	M75	3000m Walk	21:58.50	10
Ivars	Lapins	M50	3000m Walk	18:11.27	10
Andris	Kreicums	M55	Javelin	31.64	10
Ivars	Lapins	M50	Javelin	33.06	10
Janis	Gusevs	M65	Long Jump	4.47	10
Ludmila	Joce	W60	5km	22:50	10
Marite	Vilcane	W65	Triple Jump	7.68	10
Ivars	Lapins	M50	5km Walk	31:58	10
Jurijs	Kopasovs	M75	5km Walk	37:51	10
Marite	Vilcane	W65	Javelin	18.31	10
Galina	Metelska	W70	Hammer Throw	17.21	10
Ludmila	Joce	W60	8km Cross Country	42:05	10
Guntars	Bumans	M60	1500m	4:53.96	10
Juris	Zilvers	M35	Long Jump	5.81	11
Ivars	Oraševskis	M60	5km	19:13	11
Agra	Brūne	W75	Hammer Throw	19.33	11
Ilona	Kojalovica	W55	8km Cross Country	39:42	11
Juris	Lebedoks	M70	High Jump	1.20	12
Mareks	Bajars	M50	Shot Put	12.14	12
Guntis	Grantins	M55	Long Jump	5.05	12
Ludmila	Joce	W60	800m	3:02.03	12
Aigars	Ansbergs	M50	400m	58.49	13
Anita	Ieviņa	W55	5km	21:40	13
Juris	Lebedoks	M70	Long Jump	3.71	13
Irina	Stula Pankoka	W40	5km	21:04	14
Craig	Rose	M45	3000m	9:51.09	15
Ilmars	Saulgriezis	M65	5km Walk	32:01	15
Edgars	Rutins	M45	1500m	5:06.85	15
Eriks	Melkurts	M60	3000m	14:05.79	17
Matti	Molenius	M55	Shot Put	7.90	17

Ilona	Kojalovica	W55	5km	23:30	17
Guntars	Bumans	M60	800m	2:22.66	18
Eriks	Melkurts	M60	8km Cross Country	43:08	22
Edgars	Rutins	M45	3000m	11:04.71	23
Edgars	Rutins	M45	800m	2:31.44	23
Eriks	Melkurts	M60	5km	24:33	25
Guntis	Grantins	M55	60m	8.15	25
Juris	Zilvers	M35	200m	24.79	28
Raitis	Lerme	M80	5km Walk	DQ	
Zinaida	Racenaja	W80	5km Walk	DQ	
Latvia (LAT)	A. Ieviņa, L. Tokareva, Z. Rācenāja	W55	5km Walk	DNF	
Irina	Stula Pankoka	W40	8km Cross Country	DNS	